



Anti-Bullying Policy

What is Bullying?

Bullying is when a student, or a group of students, is abusive towards one student or a group of students.

Types of Bullying:

There are four main types of bullying. A bully, or bullies, may use one of these, some or all of them:

- **Physical:** This is when a student or group, hits, kicks, trips or intimidates another student or students
- **Verbal:** This is when a student or group uses words or insults to humiliate or hurt another student or group
- **Social:** This is when a group of students exclude one student or a group; when a student spreads rumours about a student, or humiliates a student publicly
- **Digital (Cyber Bullying):** This is when a student or group uses social networking sites or email to harass, intimidate or humiliate another student

Bullying or Not?

- **It is** bullying if you feel hurt or offended by what the student has done or said
- **It is** bullying if you ask the person to stop and they do not stop
- **It is** bullying if the student does it repeatedly even when they know you don't like it

Who is Responsible for Reporting Bullying?

It is **everyone's** responsibility to report bullying. If you see somebody being bullied then you should talk to a teacher or adult. It's not '*grassing someone up*' because they are not being fair to that person and we want to help them understand and hopefully, change their behaviour.

Which Teachers or Adults are Responsible for Dealing with Bullying?

Any adult in school will listen to you but, if you prefer, you can speak to any adult who you feel comfortable with. Or, for senior's, you can place your issue anonymously in the "Discussion Owl" in your form room.

How We Deal with Bullying:

- We will believe every victim of bullying and treat each case individually because no two situations are the same. There are many reasons that some students bully other students or feel bullied
- We will always initially share concerns and avoid placing blame when dealing with bullying, which allows everyone to discuss the situation in an open and honest way
- We will discuss the issue with the person accused of bullying, the student being bullied and other students both individually and in groups - but, if you don't feel comfortable speaking together, then you won't have to
- We will always try to come to a solution to the problem together, so that everyone understands what is acceptable behaviour
- However, sometimes the situation may mean some time away from school, to reflect on someone's behaviour towards others, to support those who feel bullied and help an individual understand their actions are offending or hurting other students

So, you should not feel scared or uncomfortable reporting a problem because you will not be getting the bully into trouble, you will be helping yourself **and them!**

Mr Macrae
Head of Wingate School

Policy to be reviewed October 2017